

14 September 2015

GHSPSA Mentorship Programme (2015-16)

This is the fourth year of the Programme and positive feedback had been received. We hope that through genuine interaction, the positive attitude and spirit of our past students can be passed to our “Little Sisters” and prepare them to face the life challenges in the years ahead.

Objectives:

- To enrich the Mentees’ knowledge and skills through sharing of Mentors’ life and work experience
- To provide guidance to Mentees on their study and career planning

Discussion Topics

- Sharing of study and work attitude, time management, goal setting, stress management, interpersonal skills, interviewing skills etc.
- Mentees’ personal goals, study and career plan

Matching

- One Mentor to 2-3 Mentees
- Matching of Mentee’s interest and Mentor’s expertise

Target

- Mentees are F.5 & F.6 students interested in the programme
- Mentors are alumni graduates of more than 5 years

Time Frame

Event	Date
Kick-off Ceremony cum Briefing for Mentors	Nov. 21, 2015 (Sat.) pm (tentative date, to be confirmed)
Meeting with Mentees (at least 2 times throughout the period)	Nov 2015 to Jun 2016

Point to note

- To keep confidential the personal issues discussed in the meetings
- To keep an open and flexible attitude